



East Staffs DISTRICT

Children's Centre Activities Timetable

01283 233400

FPC = Children's Centre Free Pass Card Accepted (£5 maximum per session)



Find us on: **facebook.**

East Staffordshire Children's Centre,
Waterloo Street, Burton. DE14 2NJ



Hill Street Health & Wellbeing Centre
Hill Street, Stapenhill. DE15 9LD

Community Venues

Winhill Neighbourhood Resource Centre
Canterbury Road, Winhill. DE15 0HD

Branston Village Hall Clays lane, DE14 3HS

MONDAY

Burton Twins and Multiples FREE
Venue: **Hill Street Health & Wellbeing centre.**

Come along to our friendly parent led drop in group for a chat and to socialise with other parents and carers who have experience with twins and multiples whilst the children play.

Suitable from birth - 5yrs
Drop in session (no booking required)
10.00am - 12.00pm
Facebook- Burton Twins & Multiples



LullaBaby -

Offering a range of activities designed to promote the early development of babies and toddlers, including;

Baby Massage
Baby Yoga
Makaton sign Language

www.lullababy.co.uk/derby-south-burton



TUESDAY

Breastmilk Mummies FREE
Venue: **East Staffordshire Children's Centre**

A chance to seek advice and make new friends so come along to our friendly parent led group and meet other breastfeeding mums.
Booking Required 10:00am - 12:00pm
Tel: Jessica Cumming 01283 233400
Email: breastmilkummies@hotmail.com

Winhill Stay & Play FREE
Venue: **Winhill Neighbourhood Resource Centre**

Come along and join in the fun, friendly & welcoming group. Lots of activities from messy play, story time and singing. Healthy snack provided
Suitable for 0 - 5yrs
Booking Required
9.00am - 11.00am
Tel: 01283 740871

Tots Time @ Branston FPC Branston Village Hall

Come and along and enjoy our friendly group. We have a different theme each week and always finish off with signing. Includes a drink and a snack
Suitable from birth- 5yrs
£2.00 per Tot or £1.00 for 6mths -1yrs
9.00am-11.00am
Find us on Facebook [Tottime@brantson](https://www.facebook.com/Tottime@brantson)

Little Lotus - Neonatal Stay & Play-Group
Venue: **Hill Street Health & Wellbeing Centre**

Every Tuesday 10:30a.m - 12:00pm
This group requires a referral from the neonatal unit or a health care professional
Or you can contact the team on:
Lotus Team Email: lotus@mpft.nhs.uk
Telephone: 03003 034132 Option 3

WEDNESDAY

Simply Play FREE
Venue: **East Staffordshire Children's Centre**

Enjoy getting creative, try new sensory play ideas, early language activities and get lots of ideas to try at home. A free Community Learning programme supporting you to understand your child's development.
Booking Required:
Simply Play 0-4 yrs. 10.00am-11.30am
Tel: 01283 233400
Please book on via this email;
groupwork@staffordshire.gov.uk

Active Antz FPC
Venue: **Meadowside Leisure centre**
Come along and have fun exploring the soft play world. Circle time with stories and singing. Craft and messy play delights.
Booking Required: £4.00 per session
Birth-under 5yrs only
9.30am- 11.30am
Tel: 0283 372960

Moo Music - Mixed Moo FPC
Venue: **East Staffordshire Children's Centre**

Moo Music is a great fun and interactive music session, helping your child gain confidence, develop memory, language & coordination skills in an exciting multi-sensory way.
Suitable from birth - 5yrs
Booking Required 1.00pm - 1.40pm
£5.50 per session
Tel Emma: 07835639529
Book online: <https://bookwhen.com/moobot>

Tea and Tots
Venue: **Hill Street Health & Wellbeing centre.**
Come and along and enjoy our stay & play sessions. Lots of fun activities with craft and sensory play. Refreshments provided.
Booking Required
10.00-12.00
Tel: Amy on 07432550387
£2.00 + 50p for additional contributions for provisions.

THURSDAY

Tea and Tots

Venue: **East Staffordshire Children's Centre**

Come and along and enjoy our stay & play sessions. Lots of fun activities with craft and sensory play. Refreshments provided.

Booking Required

10.00-12.00

Tel: Amy on 07432550387

Link to Book: bookaby.me/teaandtots
£2.00+ 50p additional contributions for provisions.



FRIDAY

Harvey Girls FREE

Venue: **East Staffordshire Children's Centre**

Harvey Girls offers parent & child focused activities and support covering a wide range of topics that will engage and inspire you. A lovely relaxed nurturing session.

Suitable for

Booking Required 10:00am - 12:00pm

Tel: Harvey Girls 01283 533449

FRIDAY CON...

Baby Sensory FPC

Venue: **East Staffordshire Children's Centre**

Our baby development classes are jam packed with sensory activities to support your babies development enormously and are great fun

10.10am - 11.10pm

11.30am - 12.30pm

Booking Required -£7 per session

Tel: 07855570117

burton@babysensory.co.uk

Mini Athletics FPC

Venue: **Queen Street Community Centre**

The class is an exciting, positive and imaginative first experience into sport, through visual games that aim to enhance co-ordination, stability, strength and functional skills.

Suitable from walking - 2 yrs

9.15am - 10.00am **Teeny Athletes** £5.25

(walking—2yrs)

10.00am-10.45am **Diddie Athletes** £7.25

2-4 yrs.

Tel: Sarah 07968 818313

www.miniathletics.com

Tea and Tots

Venue: **Hill Street Health & Wellbeing Centre**

Come and along and enjoy our stay & play sessions. Lots of fun activities with craft and sensory play. Refreshments provided.

Booking Required

10:00-12:00

Tel: Amy on 07432550387

Link to Book: bookaby.me/teaandtots

£2.00+ 50p additional contributions for provisions.

HEALTH

Health Visitors FREE

Venue: **Hill Street Health & Wellbeing Centre**

Venue: **East Staffordshire Children's Centre**

Appointment Required

Tel: Health Visitors 0300 303 3924

Antenatal Clinic FREE

Venue: **East Staffordshire Children's Centre**

Booking Required

9:30am - 4:30pm

Tel: Community Midwives 01283 566333

Post Natal Clinic FREE

Venue: **East Staffordshire Children's Centre**

Booking Required

9:30am - 4:30pm

Tel: Community Midwives 01283 566333

RUNS DAILY

Family support service by MALACHI

Family support provides a range of therapeutic and practical support to families who are facing a range of challenges. They help families to create routines in the home and also support with strategies to manage child's behaviour in these ever changing times. For more information contact

Malachi on: 0121 4414556

Physiotherapy

Community paediatrics physiotherapy run throughout the week.

Referral only: 01889 572021

paedphysiosouth@mpft.nhs.uk

RUNS DAILY

Burton Library Services

Burton Library has a variety of services on offer.

For more information

Tel: 01283 239566 or visit their website

www.staffordshire.gov.uk/libraries

Tiny Toez Nursery

Venue: **East Staffordshire Children's Centre**

THINK 2 and 30 hours funded childcare places available

Booking Required

Monday - Friday 7:30am - 6:00pm

Tel: 01283 741343

Meadowside Play World Soft Play FPC

Venue: **Meadowside soft play centre**

A great way for your children to let off steam. Lots of apparatus to help support your child's development from balance,

coordination, problem solving and more!

Booking Required: 90 minute sessions

Monday - Friday, 20% off with your

Everyone Active Card.

Under 3yrs £5.00, over 3yrs £6.50

Tel: 01283 372960

Meadowside Swimming (splash pool)

Full timetable available on the website

Booking Required: 1hr session

Under 5's free, Adult £4.60

Tel: 01283 372 960 or book online at

www.everyoneactive.com

Meadowside Leisure Centre

High Street,

Burton-upon-Trent,

DE14 1TL

Tel: [01283 372 960](tel:01283372960)