

# Community Update

**For further information or to add any additional information to the document  
please contact your Youth and Community Engagement Workers:**

## **Youth and Community Engagement Workers**



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### **Bolsover & North East**

**Robyn-Lloyd Davies (FT)**  
Coming soon!

### **Erewash**

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### **South Derbyshire & South Dales**

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**We would like to thank everyone for their support regarding the community updates, and we have amended the document with some of the feedback which we have received. This includes a toolbar on each page which will take you directly to the category that you are looking for.**

Click heading to go to the page and page heading to return to the contents page

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# Food banks: Matlock and High Peak

## Jigsaw Food Bank– Matlock

We offer support to people in the local area who for a variety of reasons find that they are struggling to feed themselves and their families

### Crisis Parcel

If you are in need of a one off emergency food parcel to be collected from The Lime Tree then please email [hello@churchinthepeak.org](mailto:hello@churchinthepeak.org) or phone 01629 584 783. For support agencies, please download and return the Crisis parcel form – [Crisis Parcel Form](#)

### Ongoing Referrals

Ongoing referrals can only be accepted from supporting agencies. If you are from a supporting agency then please download and return the referral form [Foodbank Referral Form](#)

Lime tree Business Park, The Lime Tree, Lime Tree Rd, Matlock DE4 3EJ



church in  
the peak

## High Peak Food Bank– Helping High Peak Families in Crisis

High Peak Foodbank's website; we cover Buxton, Chapel en le Frith, The Hope Valley and northern Derbyshire Dales.

Address: Zink HQ, Clough Street (Market Street Car Park) Buxton SK17 6LJ

Tel: **01298 214926**

Facebook: [Zink and High Peak Foodbank | Buxton | Facebook](#)

Website: [High Peak Food Bank | Helping High Peak families in crisis](#)



## High Peak Baby Bank

Welcome to High Peak Baby Bank! Based in Buxton, we work hard to make sure that Families have access to baby essentials

Address: Buxton Community Church  
London Road, Buxton, SK17 9NX

Tel: **07555 649365**

Email: [HighPeakBabyBank@gmail.com](mailto:HighPeakBabyBank@gmail.com)

Website: [High Peak Baby Bank](#)

## Glossopdale Food Bank - Glossop

Glossopdale Foodbank is a local independent registered charity and CIO that provides emergency food for individuals and families in financial crisis. During 2022 we provided 52,578 meals to over 3,745 adults and 2,097 children.

Our 'Foodbank Plus' service helps people improve incomes and get out of debt - so they do not need the Foodbank. We refer individuals and families to other relevant services that offer support but only with consent from the individuals concerned.

Address: Glossopdale Foodbank, The Bureau, Bank House, 22 Henry Street, Glossop, Sk13 8BW

Tel: **07811 684282**

Website: [Glossopdale Foodbank](#)



**Glossopdale  
Foodbank**

# Food banks: Matlock and High Peak

## Grace Kitchen– Glossop

Grace Kitchen is our community initiative that prepares bags of food to those in our community.

Food bags need to be collected from The Vineyard on Wednesdays (from 11.15am – 1.00pm). We work on a first come first served basis and where possible prioritise those that are living by themselves, in need, poorly and the elderly/vulnerable.

Telephone: **01457 853330**

Email: [office@whitfieldparish.org](mailto:office@whitfieldparish.org)

Web: [Grace Kitchen • Whitfield Parish](#)



## New Mills Helping Hands Foodbank

The Food is taken out weekly to applicants. The Food Bank is supported by donations from local residents. The Citizen's Advice Bureaux is the main referral Agency. Covering New Mills, Hayfield, Furness Vale, Chinley & Whaley Bridge.

Telephone: **07425 177999**

Email: [helpinghandsnewmills@gmail.com](mailto:helpinghandsnewmills@gmail.com)

Web: [Food Bank - New Mills Helping Hands - Visit New Mills](#)



*New Mills Helping Hands*  
**Foodbank**

## Chapel Good Neighbour

Self referral foodbank. Able to offer food, toiletries or cleaning products to individuals and families awaiting first benefit payments to come through. Foodbank Locations across the High Peak.

Email: [admin@chapelgoodneighbour.co.uk](mailto:admin@chapelgoodneighbour.co.uk)

Web: [Get Help](#) | [Chapel Good Neighbour](#) | [Chapel-en-le-Frith](#)



## New Mills Community Pantry

Membership required to access food pantry. Members must be in receipt of benefits and live within 5 mile radius. Membership costs £5/ £6 per year. Food, household items and clothing available.

Telephone: **07377 892 125**

Email: [info@nmycp.co.uk](mailto:info@nmycp.co.uk)

Web: [Pantry membership — New Mills Youth and Community Project C.I.C. \(nmycp.co.uk\)](#)



# Money and Welfare: Matlock and High Peak

## Citizens Advice– Matlock

Town Hall, Bank Rd, Matlock DE4 3NN

**0808 278 7954**

[Citizens Advice Derbyshire Districts](#)



## Citizens Advice - Glossop

12 Market St, Glossop SK13 8AR

**0808 278 7954**

[Citizens Advice Derbyshire Districts](#)



## Citizens Advice Buxton

26 Spring Gardens, Buxton SK17 6DE

**0808 278 7954**

[Citizens Advice Derbyshire Districts](#)



## Derbyshire Dales - Financial Support

Residents Financial Support

Town Hall, Bank Road, Matlock, Derbyshire, DE4 3NN

**01629 761100** - is open Monday - Friday between 9.00am and 5.00pm (except Wednesdays 9.30am - 5.00pm)

[Cost of living support - Derbyshire Dales District Council](#)



## High Peak Borough Council - Financial Support

[Benefits and financial help - High Peak Borough Council](#)

[Residents Financial Support - High Peak Borough Council](#)

[Cost of living - Support - High Peak Borough Council](#)

[Contact Us - High Peak Borough Council](#)



## Zink Cafe—Buxton- Financial Support

Help to Navigate the Benefit Maze.

Sudden changes in benefits and income can cause short term financial insecurity. We know this is a huge worry and causes families to struggle, so we have advisors who can support you to get things sorted. This could be help to claim benefits or resolve a benefit issue, with housing or energy bills, or to get essential household items.

We can also check which benefits you are entitled to given your personal circumstances.

Address: Zink HQ, Clough Street (Market Street Car Park) Buxton SK17 6LJ

Tel: **01298 214926**

Facebook: [Zink and High Peak Foodbank | Buxton | Facebook](#)

Website: [Benefits – Zink for life and work](#)





# Housing: Matlock and High Peak

## Disabled Adaptations

Derbyshire Dales District Council are working with Derbyshire County Council to make sure that aids and adaptations are provided for clients that need access to their home or to access services within the home.

[Disabled facilities grant - Derbyshire Dales District Council](#)

## Homelessness and homeless prevention

During office hours you can email [homelessness@derbyshiredales.gov.uk](mailto:homelessness@derbyshiredales.gov.uk) or call **01629 761287**.

Our office hours are **Monday to Friday 9.00am to 5.00pm**.

If you would like to see someone face-to-face, please contact us before coming to the office as we operate an appointment-only service.

Derbyshire Dales District Council, Town Hall, Bank Road, Matlock, DE4 3NN



## Home Options– High Peak

Contact the homelessness team at High Peak Borough Council.

Tel: **0345 129 7777 or 01298 28400**

Email: [homeless.enquiries@highpeak.gov.uk](mailto:homeless.enquiries@highpeak.gov.uk)

Office: High Peak Borough Council,  
Buxton Town Hall, Market Place, Buxton, Derbyshire, SK17 6EL.

**home-options.org**

## Home Options– Derbyshire Dales

Contact the homelessness team at Derbyshire Dales District Council.

Tel: **01629 761311 or 01629 761117**

Email: [housingadvice@derbyshiredales.gov.uk](mailto:housingadvice@derbyshiredales.gov.uk)

Office: Derbyshire Dales District Council,  
Town Hall, Bank Road, Matlock, Derbyshire, DE4 3NN

**home-options.org**

## EMH– Supported Housing in Matlock and Buxton

We offer a range of housing options across the East Midlands

View Properties in Buxton: [Supported Housing - emh care & support](#)

View Properties in Matlock: [Supported Housing - emh care & support](#)



## P3 Charity– High Peak and Matlock

If you are experiencing mental ill-health and need support to maintain your home or to find a more suitable place to live, we can help.

We provide tenancy-based support via one-to-one visits

[Derbyshire Independent Living Service - P3 \(p3charity.org\)](#)

To make an appointment contact [DIL@p3charity.org](mailto:DIL@p3charity.org) or call us on **01773 742051**



# Mental Health & Emotional Wellbeing for young people: Matlock and High Peak

## The Derbyshire Federation for Mental Health– Matlock

Children and young people will be supported through one-to-one therapies, face to face or by telephone or video session, in schools as part of a school clinic or by group programmes designed to target a range of emotional and wellbeing concerns. We are able to offer support to young people who are struggling with the following issues:

- **Family difficulties** – where these are having an adverse effect and the child or young person is showing signs of developing a mental health problem or disorder
- **Emotional and behavioural difficulties** (Mild to moderate)
- **Behaviour problems** once physical causes have been considered and the behaviour falls outside what might be considered to be within the range of normal behaviour
- **Conduct disorders**
- **Anxiety, depression, stress and or other mood difficulties**
- **Adjustment reactions** (i.e. managing transition, change)
- **Simple phobias**
- **Self-harm** – where this is mild to moderate
- **Support with bereavement & loss/separation**
- **Bullying** where this is having a significant impact on emotional wellbeing (direct/indirect/cyber)
- **Anger management difficulties**
- **Relationship difficulties**

YOUTH SUPPORT | Mysite ([dfmh.co.uk](http://dfmh.co.uk))



## CAHMS– Buxton

**Address:** Health Centre, Bath Rd, Buxton SK17 6HL

**Phone:** 01298 72445

**CAMHS**  
Child and Adolescent  
Mental Health Services

## CAHMS– Matlock

**Address:** Ritz Bldg, 27-29 Causeway Ln, Matlock DE4 3AR

**Phone:** 01629 761600

**CAMHS**  
Child and Adolescent  
Mental Health Services

# Mental Health & Emotional Wellbeing for young people: Matlock and High Peak

## Young Persons Art for Wellbeing Glossop Art Project (GAP)

On a Wednesday afternoon, Victoria Hall we have 2 sessions which are free to access. 4-5:30pm for 11-14yrs (Secondary school age) and 6-7:30pm for 14-18yrs.

We call it Arts for Wellbeing – it's for young people who might be struggling with things like anxiety or low mood, lack of confidence or self-esteem, young people who might feel socially isolated and just want a bit of time out with other like-minded young people.

We have recently secured funding to have a counsellor available at the sessions on a Wednesday – this is free to access and once young people start attending the sessions they can speak to staff about accessing the counsellor.

\*Secondly, we offer a session for 14-18yr olds, this is during the day, with the aim being to support young people who are not in full time education, employment or training. Running from 12:30 – 2:30pm on a Friday afternoon, this session includes free lunch.

Tel: **07821 873424**

Email: [info@glossopartsproject.org](mailto:info@glossopartsproject.org)

Website: [Young Persons Arts for Wellbeing in Glossop - Glossop Arts Project](#)



## Funny Wonders 'Changing Faces' Youth Project- Buxton

A creative, after-school club for young people aged 11-18yrs in Buxton who face daily difficulties and disadvantage.

Runs every Tuesday during term time after school until 5pm.

Address– The Green Man Gallery, Hardwick Studios, Hardwick Square S, Buxton SK17 6PY

Email: [hello@funnywonders.org](mailto:hello@funnywonders.org)





# Mental Health: Matlock and High Peak

## Grapevine Wellbeing Centre - Buxton

Grapevine Wellbeing Centre is a safe space for anyone experiencing any form of mental health condition and a drop-in for wellbeing. The centre's drop-ins (from Monday to Friday) provide access to a range of help and support. The Grapevine also run other groups both in the morning and late afternoons such as Arts and Crafts, Music Matters, Mindfulness, Film Group, Creative Writing and Park Walks.

Drop in sessions - **Monday - Friday 12.30pm - 3.30pm**

Telephone Number: **01298 72965**

Website: [Effecton \(grapevinebuxton.com\)](http://Effecton.grapevinebuxton.com)

Groups: [GROUPS | Grapevine Wellbeing Centre \(grapevinebuxton.com\)](#)



## Rethink-Matlock & High Peak

We support people who are having difficulties with their mental health across the whole spectrum of mental illnesses. We do this by offering targeted goal-focused support, developing peer support and volunteer opportunities across Derbyshire, and also peer support groups where there is a need

**01773 734989**

**[DerbyshireRecoveryPeerSupportService@rethink.org](mailto:DerbyshireRecoveryPeerSupportService@rethink.org)**

[Derbyshire Recovery and Peer Support Service \(rethink.org\)](http://DerbyshireRecoveryandPeerSupportService.rethink.org)



## Living Well Derbyshire - High Peak

Living Well is a new approach to mental health in High Peak. We want to support people when and where they need it, in a way that suits them best.

If you are already receiving support from Community Mental Health Services, you will continue to receive this, but with greater access to other services which may benefit your recovery. If you are not currently using Mental Health Services, but feel you would like help, Living Well High Peak is here to support you.

Other places providing mental health support in High Peak:

[Rethink Mental Health Support Map Derbyshire High Peak | Health & Wellbeing](#)



# Health: Matlock and High Peak

## Find your nearest GP

[Find a GP - NHS \(www.nhs.uk\)](http://www.nhs.uk)



**Derbyshire Healthcare**  
NHS Foundation Trust

## High Peak and Derbyshire Dales North Team

[High Peak & Derbyshire Dales North team :: Derbyshire Healthcare NHS Foundation Trust \(derbyshirehealthcareft.nhs.uk\)](http://derbyshirehealthcareft.nhs.uk)



**Derbyshire Healthcare**  
NHS Foundation Trust

## How to register with a GP

[How to register with a GP surgery - NHS \(www.nhs.uk\)](http://www.nhs.uk)



**Derbyshire Healthcare**  
NHS Foundation Trust

## Derbyshire Dales– Sport, Leisure and Wellbeing

[Leisure - Derbyshire Dales District Council](#)

## High Peak– Sport, Leisure Wellbeing

[Leisure - High Peak Borough Council](#)



**High Peak Borough Council**

*working for our community*



## High Peak Community Support

Our in-house registered care services support people either in their own home or in a residential setting.

Address:

**141/143 Hadfield Road, Hadfield, High Peak, SK13 2DR**

Name: **High Peak Community Support**

Work tel: **01629 532510**

Email: **julie.woodward@derbyshire.gov.uk**

## Derbyshire Dales Community Support

Our in-house registered care services support people either in their own home or in a residential setting.

Address: **Wingfield Road, Alfreton Park, Alfreton Derbyshire, DE55 7AL**

Name: **Dales Community Living Project**

Email: **danielle.way2@derbyshire.gov.uk**



# Domestic Abuse: Matlock and High Peak

## High Peak Women's Aid

High Peak Women's aim is to provide support to adults and children experiencing domestic abuse. They have community based services including Outreach, Children's Aftercare and Counselling. They also run a refuge (Harmony Project) for young women aged 16 to 24 years and their children seeking safe accommodation and support.

Email: [gwa@f2s.com](mailto:gwa@f2s.com)

Telephone: **01457 856675**

Address: **High Peak Women, SK13 8AE**



## Crossroads Derbyshire– High Peak and Derbyshire Dales

Supporting people experiencing domestic abuse in the High Peak and Derbyshire Dales.

Email: [admin@crossroadsderbyshire.org](mailto:admin@crossroadsderbyshire.org)

Phone: **01457 856675**

[Crossroads Derbyshire | Domestic Abuse Services | England](#)



## Crossroads Derbyshire - Our Services

We now have four stand-alone properties for young women who are moving on from refuge. We provide support to secure social housing and provide a stepping stone into an independent tenancy. This project also works with young women who re-settle in their own tenancies in the local area.

Email: [admin@crossroadsderbyshire.org](mailto:admin@crossroadsderbyshire.org)

Phone: **01457 856675**

[Our Services | CrossroadsDerbyshire](#)



# Sexual Abuse: Matlock and High Peak

## Sexual Health

Use our online services via the Your Sexual Health Matters website [www.yoursexualhealthmatters.org.uk](http://www.yoursexualhealthmatters.org.uk)

your  
sexual  
health  
matters

## Derbyshire Constabulary

[How to report rape, sexual assault or other sexual offences | Derbyshire Constabulary](#)

[Support for rape and sexual assault | Derbyshire Constabulary](#)



## Sail

We offer free, specialist counselling for adults aged 18 and over in Derbyshire who have experienced childhood sexual abuse, incest or sexual violence.

Counselling is delivered in locations across the County.

All Counsellors are qualified or on placement from Universities and Colleges and have a deep understanding of the recovery journey.

[Our Services | SAIL \(sailderbyshire.org.uk\)](http://sailderbyshire.org.uk)

Sail



# Addiction: Matlock and High Peak

## Drug and Alcohol Rehab in High Peak

Drug & Alcohol Rehab in High Peak For many people, the scariest part of seeking treatment is uncertainty. There are hundreds of types of treatment varying in type, location, and cost, so it is difficult to know which one would work best for you.

[Drug & Alcohol Rehab in High Peak - Rehab 4](#)

[Addiction](#)



## Drug and Alcohol Rehab in Matlock

Here at Rehab 4 Addiction, we know it can be a daunting prospect to take the first steps towards reaching out for help, if you're struggling with a drug or alcohol addiction.

The good news is, if you live in Matlock and are considering addiction recovery treatment, we can help you to find the most suitable local addiction treatment for you.

[Drug & Alcohol Rehab in Matlock - Rehab 4](#)

[Addiction](#)



## Alcohol Anonymous - Matlock

Matlock: Wednesday

St. Joseph's Community Hall, Bank Road (next to RC Church)  
DE4 3NG

Start time: **19.30 - duration 1hr 30mins**

Open: All mtgs 'open'.

Disabled Access: Full wheelchair access.

Helpline: **01159417100 (8.00-24.00)**

## Alcohol Anonymous - Buxton

Buxton Come & Go- [Find a Meeting | Alcoholics Anonymous - Great Britain \(alcoholics-anonymous.org.uk\)](#)

Buxton Tuesday - [Find a Meeting | Alcoholics Anonymous - Great Britain \(alcoholics-anonymous.org.uk\)](#)

Buxton Monday - [Find a Meeting | Alcoholics Anonymous - Great Britain \(alcoholics-anonymous.org.uk\)](#)



Alcoholics Anonymous

## CGL - Change, Grow and Live Drop in

We support young people in Derbyshire who are using drugs or alcohol, feel they have a problem and want some help.

[Young People's Service, Derbyshire \(changegrowlive.org\)](#)



**Change  
Grow  
Live**

## Derbyshire Families Information Service– FIS

Derbyshire's Families Information Service (FIS) provides free, impartial information and guidance for parents, carers, practitioners, children, and young people on a wide range of services, activities, and events available in Derbyshire.

You can contact FIS via email: [info.fis@derbyshire.gov.uk](mailto:info.fis@derbyshire.gov.uk) or by tel: **01629 535793** (9am-5pm Monday to Friday). Follow us on [Facebook](#).

County Hall, Matlock, DE4 3AG



## Derbyshire Carers Association– Carers Support Group Matlock

Join us in Matlock at the Carers Support Group. Friendly chat, coffee and crafts. FREE. Make new friends, relax and feel refreshed. For more information call Georgina on **01773 833833**. Be assured of a warm welcome.

Matlock Therapy Centre, 4 Lime Grove Walk, Matlock, DE4 3FD

**Derbyshire Carers Association  
Carers Support Group  
Matlock**

A friendly and welcoming environment to connect with other people who care for someone they love.

Enjoy time for yourself and benefit from:



- Information
- Signposting
- Emotional Support
- Craft Activities
- Pamper Days
- Training
- Free Refreshments

**3rd Wednesday of the month  
1:30pm - 3:00pm**

**Matlock Therapy Centre  
4 Lime Grove walk, Matlock, DE4 3FD**

For more information please contact DCA on:

**01773 833 833**  
Registered Charity Number: 1062777



## Derbyshire Carers Association - Carers Support Group Buxton

Derbyshire Carers Association, The Railway Pub, Bridge Street  
Buxton, Derbyshire, SK17 6BS

[info@derbyshirecarers.co.uk](mailto:info@derbyshirecarers.co.uk)

**01663 745500**

<https://derbyshirecarers.co.uk/support-groups>

[www.facebook.com/derbyshirecarers](https://www.facebook.com/derbyshirecarers)



# Activities for Young People: Matlock and High Peak

## LGBT+ Collective– Matlock

Inclusive youth clubs– Matlock

[LGBT COLLECTIVE » A new LGBT provision for](#)

[Derbyshire groups, support and events](#)



## LimeTree Youth Drop In

Thursdays: 3:30pm-5:00pm

A safe space for any local secondary age young people to come and hang out and spend time with friends.

[Youth Drop In | Church in the Peak Church in the Peak](#)

[Lime Tree Youth Drop In | Matlock | Facebook](#)

**Youth  
Drop  
In**

## Multi-Sports Youth Session - Hall Leys Park in Matlock

Multi-Sports Youth Session - Hall Leys Park in Matlock

- Dates: Every Tuesday from 2nd May 2023
- Time: 5pm to 6pm
- Meet by the Skate Park. Activities include: tennis, basketball, football, rounders, cricket, dodgeball, table tennis, etc.
- Suitable for ages 11 to 16 years (secondary school aged)



These sessions are FREE to attend. Please contact Alan McGill (Contact before attending to check these are running - [alan.mcgill@derbyshiredales.gov.uk](mailto:alan.mcgill@derbyshiredales.gov.uk) or [sportsdevelopment@derbyshiredales.gov.uk](mailto:sportsdevelopment@derbyshiredales.gov.uk))

## Youth Club Runs– Matlock Cycling Club

Each month we organise a youth ride. Parents are encouraged to ride with the youth (or at least have another parent designated to watch over them).

Exact details of time and locations / routes will be published each month on social media.

If you would like to join us please email Rob Williams on [karma846@yahoo.co.uk](mailto:karma846@yahoo.co.uk)



**MATLOCK CYCLING CLUB**  
[WWW.MATLOCKCYCLINGCLUB.ORG.UK](http://WWW.MATLOCKCYCLINGCLUB.ORG.UK)

## Fairfield Youth Centre

Address: Victoria Park Road, Buxton, SK17 7PE

Phone: **01298 24081**

[Fairfield Youth Centre | Facebook](#)

## Scouts Derbyshire- High Peak

The Scout Association is the largest Scouting organisation in the United Kingdom and is the World Organization of the Scout Movement's recognised member for the United Kingdom.

[Derbyshire Scouts | Districts](#)



## Scouts Derbyshire - Matlock

The Scout Association is the largest Scouting organisation in the United Kingdom and is the World Organization of the Scout Movement's recognised member for the United Kingdom.

[Find your local Scout Group | Scouts](#)



# Activities for Young People: Matlock and High Peak

## High Peak Community Arts

Our Youth Arts programme includes targeted work, for example in schools or in the Film Cuts Club, to encourage engagement in the arts for those least likely to look for opportunities. We also have open-access activities in places with little arts provision like Tall Tales.

Tel: **01663 744516**

Email: [sophie@highpeakarts.org](mailto:sophie@highpeakarts.org)

Website: [Youth Arts Projects \(highpeakarts.org\)](http://Youth Arts Projects (highpeakarts.org))

**high peak community arts** 

## Buxton School of Rock

**Zink's School of Rock** is our Friday afternoon electric guitar session led by local session musician, **Kenny Robertson** who has experience of TV work, performance as well as recording and teaching.

Beginners– 1pm, Intermediate– 2pm

Tel: **01298 214 926**

Email: [liz@zink.org](mailto:liz@zink.org)

Website: [School of](http://School of Rock – Zink for life and work)

[Rock – Zink for life and work](http://Rock – Zink for life and work)



## Tameside Elite Boxing Academy

We are Tameside Elite Boxing Academy. I have been in boxing 36 years since (1980) and we have been established for 11 years. We are an England boxing academy, fitness circuit and cardio academy. We cater for ages 4 years old plus (no age limit) have fun while getting fit. All fitness levels welcome..

Address– Gamesley Boxing Club, Gamesley Community Centre, Melandra Castle Road, Gamesley, Glossop, SK13 6UQ.

Tel: **07790655496 or 07960657548**

Email: [tamesideelite007@gmail.com](mailto:tamesideelite007@gmail.com)

Webpage: [Tameside Elite Boxing Academy – Boxing Academy \(tamesideelite-boxingacademy.co.uk\)](http://Tameside Elite Boxing Academy – Boxing Academy (tamesideelite-boxingacademy.co.uk))

# Tameside Elite Boxing Academy

**“We Teach The Science’ Not The Violence”**

## Activities for Young People– Buxton

If you require more information regarding Activities for young people then please contact Dee Ashcroft:

Email: [Dee.Ashcroft@derbyshire.gov.uk](mailto:Dee.Ashcroft@derbyshire.gov.uk)

Spread sheet Document: [Buxton Document](#)

**\*Please check the websites for more updates\***



## Activities for young people: Glossopdale

If you require more information regarding Activities for young people then please contact Dee Ashcroft:

Email: [Dee.Ashcroft@derbyshire.gov.uk](mailto:Dee.Ashcroft@derbyshire.gov.uk)

**\*Please check the websites for more updates\***





# Activities for Baby and Toddlers: Matlock and High Peak

## Totzone Baby and Toddler Group - Matlock

Totzone is an all inclusive environment for little ones and their carers.

Refreshments are provided for adults and children.

Meetings take place on Tuesday mornings during term time from **9.30am to 11am** and are held at **The Lime Tree, Lime Tree Business Park, Lime Tree Rd, Matlock, DE4 3EJ**.

To keep up to date with the latest Totzone meetings, you can visit the [Totzone facebook page](#).



## Buxton Methodist Church - Baby and Toddler Group

Our baby and toddlers group meets each Friday morning in term-time, **10am-11.30am**, and provides an opportunity for parents/carers and their pre-school children to get together, chat, make friends, play and enjoy a variety of organised and informal activities.

Address: **Chapel St, Buxton SK17 6HX**

Phone: **01298 27065**

Email: **[babyandtoddlers@buxtonmethodist.co.uk](mailto:babyandtoddlers@buxtonmethodist.co.uk)**

[Babies & Toddlers – Buxton Methodist Church](#)

## Matlock Methodist Church Toddler Group

Tues **10 am - 12 noon**, term time and most school holidays.  
A friendly Church run Toddler Group with lots of toys, craft, songs and refreshments.

Location: **Matlock Methodist Church, Oak Road, DE4 3FJ**

Contact: Elspeth— **07437 871234** or **[info@mmurc.org.uk](mailto:info@mmurc.org.uk)**

[Home](#) | [Matlock Methodist and United Reformed Church \(mmurc.org.uk\)](#)



## Mini Maypole - Matlock

A fun filled music and movement class for pre-schoolers all set around a marvellous maypole! First session is free.  
Then £4 per week paid termly. Children use colourful ribbon props in the warm up to lovely songs, rhymes and dances and then move to the maypole to wiggle the ribbons and create beautiful patterns.

Contact: Claire Butler— **07725 993708** or **[info@maypolemovers.co.uk](mailto:info@maypolemovers.co.uk)**

[Maypole Movers Dancing Classes Events](#) | [Derbyshire UK](#)



## Matlock Library - Story and Rhyme Time

Rhyme and Storytime, every Thursday (term-time only), **10.30am to 11am**

Library information: Matlock Library, Steep Turnpike, Matlock, Derbyshire, DE4 3DP

Tel: **01629 533837**

Email: **[matlock.library@derbyshire.gov.uk](mailto:matlock.library@derbyshire.gov.uk)**

## Buxton Library - Story Book, Fun Crafts

Storybook fun and crafts, every Monday (term-time only), **10am to midday**

Library Information: Buxton Library, Kents Bank Road, Buxton, SK17 9HW

Tel: **01629 533460**

Email: **[buxton.library@derbyshire.gov.uk](mailto:buxton.library@derbyshire.gov.uk)**



# Activities for Baby and Toddlers: Matlock and High Peak

## Breastfeeding Network- Matlock

Independent breastfeeding support and information  
Hurst Farm Community Centre, Hazel Grove, Matlock  
DE4 3TG

[Breastfeeding Network Derbyshire](#) | [Facebook](#)



## Breast Feeding Network– Glossop

Independent breastfeeding support and information

[Breastfeeding Network Derbyshire](#) | [Facebook](#)

## Breastfeeding Support in Glossop



**Alternate Fridays**  
**Drop-in between 10 and 11.30am**  
**Glossop Children's Centre**



## Baby Sensory - Matlock

Welcome to Baby Sensory Central Derbyshire

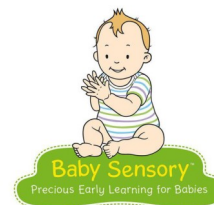
Weekly Baby Sensory classes running in the heart of Derbyshire for babies from Birth to 13months

**07989 443734** or [derbyshire@babysensory.co.uk](mailto:derbyshire@babysensory.co.uk)

**Venue: Unit 4, Old English Road, Matlock, Derbyshire, DE4 3RR**

**Days: Monday**

[Baby Sensory Central Derbyshire](#)



## Baby Sensory High Peak

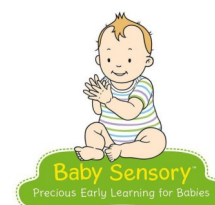
We offer weekly classes for babies, parents and carers. The classes are designed for babies from birth to 13 month.

Every week is filled with exciting new activities; from going under the sea and meeting some sea creatures to exploring sounds using instrument, dancing, exercise, massage and lots of sensory experiences.

**07907063520** or [Highpeak@babysensory.co.uk](mailto:Highpeak@babysensory.co.uk)

**Venue: Glossop Central Methodist Church**  
**Chapel Street, SK13 8At, Glossop**

[Welcome to Baby Sensory High Peak](#)



## Twistin Tots - Matlock

Engaging musical fun for ages 0-5; action packed themed sessions with fun props, parachutes, light shows and loads of interactive songs. Face to face classes include a weekly online video of a class, and access to our Private Members Area where you can access a range of useful parenting resources and activities.

Contact Jacqui Davis on **07977 578359**

[Classes in Matlock - Twistin Tots](#)



## High Peak and North Dales Children's Centres

Our children's centres at Glossop, Gamesley, Hadfield, Fairfield and Matlock bring together services

[High Peak and North Dales children's centres](#) | [Facebook](#)

# Education, Employment and Training: Matlock and High Peak

## Buxton Fairfield ACE Centre

Victoria Park Road, Fairfield, Buxton  
SK17 7PE

email: [buxton.ace@derbyshire.gov.uk](mailto:buxton.ace@derbyshire.gov.uk)

Tel: **01629 533385**



## Glossop ACE Centre

Talbot Street, Glossop, SK13 7DG

email: [glossop.ace@derbyshire.gov.uk](mailto:glossop.ace@derbyshire.gov.uk)

Tel: **01629 535895**



## Matlock ACE Centre

Steep Turnpike, Matlock, DE4 3DP

email: [matlock.ace@derbyshire.gov.uk](mailto:matlock.ace@derbyshire.gov.uk)

Tel: **01629 533225**



## Employment and Education Officer– High Peak and North

### Dales

Employment and education officers (EEOs) contact young people throughout the county aged between 16 and 18 years old to find out if they are in employment, education or training.

Contact Yvonne Flatt on:

[yvonne.cano-flatt@derbyshire.gov.uk](mailto:yvonne.cano-flatt@derbyshire.gov.uk)

**07765 896681**

[Employment and education officers - Derbyshire County Council](#)



## High Peak Borough Council - Help to find a job and vocational skills

Local organisations who can support residents with advice, support and training to help people enter work.

[Help to find a job and vocational skills - High Peak Borough Council](#)



## Job Centre Plus - Buxton

84-86 Spring Gardens, Buxton SK17 6BU

**0800 169 0190**

**jobcentreplus**

## Job Centre Plus - Glossop

28 Howard St, Glossop SK13 7DF

**0800 169 0190**

**jobcentreplus**

## Job Centre Plus - Matlock

The Phoenix Centre, 2 Lime Grove Walk, Matlock  
DE4 3FD

**0800 169 0190**

**jobcentreplus**

## Reed in Partnership - Buxton

Unit, The Springs Shopping Centre, Buxton SK17  
6DF

**01298 605376**



# Volunteering: Matlock and High Peak

## Youth and Community Engagement Worker

If you are interested in volunteering with children, young people or families for Derbyshire County Council Children's Services, please contact Dee Ashcroft:  
**[Dee.Ashcroft@Derbyshire.gov.uk](mailto:Dee.Ashcroft@Derbyshire.gov.uk)**



## High Peak CVS

Our groups need you!

Not sure if volunteering is for you?

Here at High Peak CVS, we work with a huge array of amazing community groups, peer support groups, charities and voluntary organisations that support their local community in a vitally important way.

Volunteering is great way to give back to your community while doing something you love.

[Volunteering Opportunities - High Peak CVS](#)



## Derbyshire Dales CVS

Derbyshire Dales CVS exists to promote strong, sustainable and healthy communities through voluntary and community action. It does this by supporting voluntary and community groups in the Derbyshire Dales

[Support for Voluntary & Community Groups in the Derbyshire Dales \(ddcvs.org.uk\)](http://ddcvs.org.uk)



## Connex

Listed below are just a few of the many and varied volunteer opportunities you can find within the High Peak and Derbyshire Dales. Take a further look or contact us to find out more.

[Latest Volunteering Opportunities - Connex Community Support](#)



## High Peak Local Info

Information on parks, play areas, leisure facilities and allotments

Whether you are looking for access to local government services, education, healthcare, local business, charities, local groups, shops, leisure, dining out or just somewhere for a day out, ambervalley.info will point you in the right direction.



**High Peak Borough Council**  
*working for our community*

## Glossop Local Information

Nestled at the foot of the famous Snake Pass, the market town of Glossop is an excellent base for exploring some of the Peak District's classic walking country, including Black Hill, Bleaklow, Kinder Scout and the Longdendale Valley.

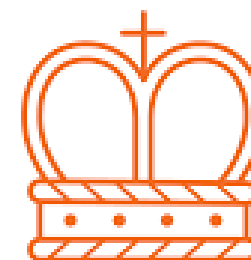
More info: [Welcome to Glossop - Visit Peak District & Derbyshire](#)

**VISIT**  
**PEAK DISTRICT**  
**& DERBYSHIRE**

## Matlock Local Info

On this page you will find information about Matlock's history, local walks, shopping and visitor information.

[All About Matlock - Matlock Town Council](#)



**Matlock**  
**TOWN COUNCIL**